

## Lifestyle Elliptical

### TOUCH CONSOLE

E-LS-TOUCH

Ideal for light-use environments, our Lifestyle Elliptical features a compact frame to fit your facility. A patented suspension design minimizes noise and friction, extending product life. Smart ergonomics fits the body and its natural movements for comfortable, low-impact cardio, and convenience features improve the experience for users and facilities alike.



WiFi-enabled Touch Console features an app-based interface that mirrors familiar smartphone and tablet operating systems, making it easy for members to connect to the content that keeps them moving.

**Note:** Products with Touch Console must be connected to a power source.

CONSOLE	
<b>DISPLAY</b>	41 cm / 16" class capacitive touchscreen LCD
<b>WORKOUTS</b>	Go, manual, Sprint 8†, Landmarks†, Virtual Active, target heart rate, interval training, fat burn, rolling hills, constant watts†, glute training†, goal training, fitness tests, custom
<b>IFIT ON-DEMAND WORKOUTS</b>	Optional
<b>LANGUAGES</b>	English, German, French, Italian, Spanish, Dutch, Portuguese, Chinese-S, Chinese-T, Japanese, Korean, Swedish, Finnish, Russian, Arabic, Turkish, Polish, Welsh, Basque, Vietnamese, Somali, Danish, Thai, Malay, Catalan
<b>FAN</b>	Yes
<b>ANALOG TV</b>	NTSC, PAL, SECAM
<b>DIGITAL TV</b>	ATSC 1.0, QAM-B, ISDB-T, ISDB-Tb, DVB-C/S/S2/T/T2
<b>IPTV</b>	Content: MPEG2/H262, AVC/H264 Protocols: UDP, RTSP, HTTP, HTTPS
<b>WIFI</b>	Yes
<b>BLUETOOTH</b>	Yes; smartphones, headphones, heart rate
<b>RFID WIRELESS LOGIN</b>	Yes
<b>CONNECTS TO APPLE WATCH</b>	Yes
<b>MADE FOR IPHONE, IPAD, IPOD</b>	Yes
<b>CONNECTS TO SAMSUNG GALAXY WATCH</b>	Yes
<b>USB PORT</b>	Yes; device charging, device media, software updates
<b>WIRELESS CHARGING (QI)</b>	Yes
<b>CSAFE READY</b>	Yes
<b>AUTO WAKE-UP</b>	Yes
	†Some of these programs may not be available on this frame.

FRAME	
<b>ASSEMBLED DIMENSIONS</b>	151 x 73 x 175.7 cm / 59.4" x 28.7" x 69.2"
<b>ASSEMBLED ACTIVE DIMENSIONS</b>	174.6 x 73 x 175.7 cm / 68.7" x 28.7" x 69.2"
<b>RESISTANCE LEVELS</b>	30
<b>SHIPPING WEIGHT</b>	173 kg / 381.4 lbs.
<b>WATT RANGE</b>	5–650 W
<b>ASSEMBLED WEIGHT</b>	151 kg / 332.9 lbs.
<b>STEP-ON HEIGHT</b>	23 cm / 9.1"
<b>TOP-DOWN LEVELERS</b>	No
<b>STRIDE LENGTH</b>	51 cm / 20"
<b>POWER REQUIREMENTS</b>	Self-powered or 100–240 V — 50/60 Hz AC
<b>RESISTANCE SYSTEM</b>	Brushless generator
<b>PEDAL SPACING</b>	6.4 cm / 2.5"
<b>MINIMUM WATTS</b>	5 W powered or 35 W self-powered
<b>MINIMUM RPM</b>	10 RPM powered or 30 RPM self-powered
<b>MAX USER WEIGHT</b>	182 kg / 400 lbs.
<b>ETHERNET CONNECTIVITY</b>	Yes
<b>CONTACT &amp; TELEMETRIC HR</b>	Yes