

A3xe Ascent Trainer



- 20-33 cm / 8-13" step-over height engages glutes, hamstrings and core stabilizer muscles
- Adjustable incline and resistance for greater workout variety
- Compatible with IPTV
- Vista Clear Television Technology offers the most vibrant picture quality in the industry
- Optimized app interface designed specifically for fitness
- Compatible with Virtual Active programming to provide an immersive exercise experience
- Custom interface configuration facilitates personalized communication with users
- WiFi connectivity accommodates optional Matrix Asset Management system and Workout Tracking Network
- Removable disk for easy serviceability
- Ergo Form Grips with integrated controls enhance comfort and accessibility of key functions
- Contralateral action with tapered, dual action handlebars mimics the body's true movement and proper fit
- Constant Rate of Acceleration and our patented suspension design delivers a perpetually smooth motion free of wheels and tracks
- Self-powered system provides cost-savings and freedom of placement within facility
- 25.6 cm / 10.1" touchscreen display with FitTouch Technology offers intuitive operation
- 51-61 cm / 20-24" adjustable stride length for increased range of motion
- Low 24 cm / 9.5" step-on height for easy accessibility

CONSOLE	
IPOD / IPHONE COMPATIBLE	No
FITCONNEXION READY	No
VIRTUAL ACTIVE COMPATIBLE	Yes
DISPLAY TYPE	25.6 cm / 10.1" touchscreen LCD
CSAFE READY-FITLINXX CERTIFIED	Yes
FITTOUCH TECHNOLOGY	Yes
INTEGRATED VISTA CLEAR TELEVISION TECHNOLOGY	Yes
DISPLAY FEEDBACK	Time of Day, Time Elapsed, Time Remaining, Total Program Time, Distance (Kilometers or Miles), Calories, Calories per Hour, Level, Speed, Pace, Average Pace, Incline, RPM, Heart Rate, Peak Heart Rate, METs, Watts, Dynamic Profile Display, Static Profile Display
USER-DEFINED MULTI-LANGUAGE DISPLAY	English, German, French, Italian, Spanish, Dutch, Portuguese, Chinese (S), Chinese (T), Japanese, Korean, Swedish, Finnish, Russian, Arabic, Turkish, Polish, Welsh, Basque, Vietnamese, Somali, Danish
RESISTANCE RANGE	1-25
SECONDARY DATA DISPLAY	No
WORKOUTS	Manual, Rolling Hills, Target HR, Interval Training, Constant Watts, Fat Burn, Fitness Test, Glute, Random, Calorie Goal, Distance Goal, Time Goal
IPTV COMPATIBLE	Yes
PRO:IDIOM COMPATIBLE	Yes
ONE-BUTTON START	Yes
ON-THE-FLY PROGRAM CHANGE	Yes
BLUETOOTH ENABLED	Optional
WIFI ENABLED	Optional
CONNECTS TO APPLE WATCH	No
MULTIMEDIA PLAYBACK	Compatible with most tablet and smartphone systems using android OS
PERSONAL TRAINER PORTAL COMPATIBLE	Yes
PERSONAL FAN	No
USB PORT	Yes
WORKOUT TRACKING NETWORK COMPATIBLE	Yes
WEB CONNECTIVITY	Optional
ASSET MANAGEMENT COMPATIBLE	Yes
FACILITY COMMUNICATION PORTAL/CALENDAR	Optional
RFID COMPATIBLE	Yes

FEATURES	
STRIDE LENGTH	51 - 61 cm / 20 - 24"
STEP-ON HEIGHT	24 cm / 9.5"
PEDAL SPACING	6.4 cm / 2.5"
INCLINE RANGE	24% - 54% (15°)
CONTACT & TELEMETRIC HR	Yes
FOOTPAD INSERT	No
HANDLEBAR DESIGN	Multi-position dual action / custom ergo-bend stationary
REMOTE BUTTONS	Yes
PAUSE FUNCTION	Yes

FRAME	
AVAILABLE COLORS	Iced Silver or Matte Black

RESISTANCE SYSTEM	
RESISTANCE SYSTEM	Brushless generator

TECH SPECS	
SHIPPING WEIGHT	216.5 kg / 476 lbs.
ASSEMBLED WEIGHT	202.7 kg / 445 lbs.
MAX USER WEIGHT	182 kg / 400 lbs.
ASSEMBLED DIMENSIONS	175 x 74 x 175cm / 68.8" x 29.1" x 68.7"
READING RACK	Yes
MINIMUM WATTS	21 powered & self-powered
POWER REQUIREMENTS	Self-powered / powered 100v-240v - 50/60Hz AC
MINIMUM RPM	25 powered & self-powered