

A7xi Ascent Trainer



CONSOLE	
DISPLAY TYPE	41 cm / 16" class projective capacitive touchscreen LCD
DISPLAY FEEDBACK	Time of Day, Time Elapsed, Time Remaining, Total Program Time, Distance (Kilometers or Miles), Calories, Calories per Hour, Level, Speed, Pace, Average Pace, Incline, RPM, Heart Rate, Peak Heart Rate, METs, Watts, Dynamic Profile Display, Static Profile Display
RESISTANCE RANGE	1-25
SECONDARY DATA DISPLAY	Yes
USER-DEFINED MULTI-LANGUAGE DISPLAY	English, German, French, Italian, Spanish, Dutch, Portuguese, Chinese (s), Chinese (t), Japanese, Korean, Swedish, Finnish, Russian, Arabic, Turkish, Polish, Welsh, Basque, Vietnamese, Somali, Danish
WORKOUTS	Manual, Rolling Hills, Target HR, Interval Training, Constant Watts, Fat Burn, Fitness Test, Random, Calorie Goal, Distance Goal, Time Goal, Sprint 8, Virtual Active
USB PORT	Yes
ASSET MANAGEMENT COMPATIBLE	Included
WEB CONNECTIVITY	Custom app interface in addition to web browser
WORKOUT TRACKING NETWORK COMPATIBLE	Yes
RFID COMPATIBLE	Yes
FACILITY COMMUNICATION PORTAL/CALENDAR	Programmed through Asset Management
CONNECTS TO APPLE WATCH	Optional
WIFI ENABLED	Yes
ONE-BUTTON START	Yes
PRO:IDIOM COMPATIBLE	Yes
IPTV COMPATIBLE	Yes
VIRTUAL ACTIVE COMPATIBLE	Included
CSAFE READY-FITLINXX CERTIFIED	Yes
FITTOUCH TECHNOLOGY	Yes
INTEGRATED VISTA CLEAR TELEVISION TECHNOLOGY	Yes
IPOD / IPHONE COMPATIBLE	Made for iPod, iPhone
FITCONNEXION READY	No
ON-THE-FLY PROGRAM CHANGE	Yes
BLUETOOTH ENABLED	Yes
MULTIMEDIA PLAYBACK	Compatible with most tablet and smartphone systems
PERSONAL TRAINER PORTAL COMPATIBLE	Yes
PERSONAL FAN	Yes

FEATURES	
INCLINE RANGE	24% - 54% (15° range)
CONTACT & TELEMETRIC HR	Yes
REMOTE BUTTONS	Yes
HANDLEBAR DESIGN	Multi-position dual action / custom ergo-bend stationary
FOOTPAD INSERT	No
PAUSE FUNCTION	Yes
STRIDE LENGTH	53.3 cm / 21"
PEDAL SPACING	6.4 cm / 2.5"
STEP-ON HEIGHT	24 cm / 9.5"

FRAME	
AVAILABLE COLORS	Iced Silver or Matte Black

RESISTANCE SYSTEM	
RESISTANCE SYSTEM	Brushless generator

TECH SPECS	
ASSEMBLED WEIGHT	202.7 kg / 445 lbs.
SHIPPING WEIGHT	216.5 kg / 476 lbs.
READING RACK	Yes
POWER REQUIREMENTS	Self-powered / powered 100v-240v - 50/60Hz AC
MAX USER WEIGHT	182 kg / 400 lbs.
MINIMUM RPM	25 powered & self-powered
MINIMUM WATTS	21 powered & self-powered
ASSEMBLED DIMENSIONS	175 x 74 x 175cm / 68.8" x 29.1" x 68.7"