

## Aura Abdominal Crunch

G3-S51

- Dual axis of rotation enhances user feel for a natural crunch movement muscle contraction
- Seat and handle position designed for greater user stability



EASE OF USE	
ERGO FORM CUSHIONS	Yes
BOTTLE & TOWEL HOLDER	Yes
INSTRUCTIONAL PLACARDS	Yes
COLOR-CODED PIVOTS & ADJUSTS	Yes

FRAME & BELT	
BELT TRANSMISSION	Reinforced 15/16" flat Kevlar/urethane belt
FRAME COLOR	Iced Silver
FRAME FINISH	Proprietary two-coat powder process
OVER-SIZED FRAME TUBING	Yes

TECH SPECS	
OVERALL DIMENSIONS	142.8 x 112.2 x 150.5 cm / 56.2" x 44.2" x 59.3"
TOTAL WEIGHT	184 kg / 405 lbs.
WEIGHT STACK	91 kg / 200 lbs.
SHIPPING WEIGHT	227 kg / 500 lbs.

WEIGHT STACK	
GUARDS & PULLEYS COVERS	Yes
DECK STEP HEIGHT	Yes
WEIGHT PINS	Magnetic & tethered
SELF-LUBRICATING WEIGHT STACK BUSHINGS	Solid cold-rolled steel plate, with Teflon inner bushings.
SUSPENSION	3-Point Design