

Aura Arm Curl

G3-S40

- Optimized pivot location creates a biomechanically correct range of motion
- Angled hand grips ensure optimal wrist position
- Arm pad is angled for stability, and limits unwanted shoulder movement during exercise



EASE OF USE	
BOTTLE & TOWEL HOLDER	Yes
INSTRUCTIONAL PLACARDS	Yes
COLOR-CODED PIVOTS & ADJUSTS	Yes
ERGO FORM CUSHIONS	Yes

TECH SPECS	
SHIPPING WEIGHT	245 kg / 540 lbs.
WEIGHT STACK	91 kg / 200 lbs.
TOTAL WEIGHT	228 kg / 502 lbs.
OVERALL DIMENSIONS	122.2 x 108.6 x 150.6 cm / 48.1" x 42.8" x 59.3"

FRAME & BELT	
FRAME FINISH	Proprietary two-coat powder process
OVER-SIZED INTERNAL FRAME TUBING	Yes
FRAME COLOR	Iced Silver
BELT TRANSMISSION	Reinforced 15/16" flat Kevlar/urethane belt

WEIGHT STACK	
WEIGHT PINS	Magnetic & tethered
GUARDS & PULLEYS COVERS	Yes
SUSPENSION	3-Point Design
SELF-LUBRICATING WEIGHT STACK BUSHINGS	Solid cold-rolled steel plate, with Teflon inner bushings.