



## E5x Suspension Elliptical

- Low 24 cm / 9.5" step-on height for easy accessibility
- 53.3 cm / 21" stride length accommodates all users for a comfortable, efficient, and natural workout
- Self-powered system provides cost-savings and freedom of placement within facility
- Removable disk for easy serviceability
- Ergo Form Grips with integrated controls enhance comfort and accessibility of key functions
- Contralateral action with tapered, dual action handlebars mimics the body
- Constant Rate of Acceleration and our patented suspension design delivers a perpetually smooth motion free of wheels and tracks
- Integrated 3-speed personal fan
- USB port offers charging for most smartphones and tablets
- RFID compatible to provide touch-free login
- Sprint 8 High Intensity Interval Training program
- Compatible with xID single-point user sign-in for a seamless personal experience
- WiFi connectivity accommodates optional Matrix Asset Management system and Workout Tracking Network
- LED console display offers intuitive operation

CONSOLE	
DISPLAY FEEDBACK	Time of Day, Time Elapsed, Time Remaining, Total Program Time, Distance (Kilometers or Miles), Calories, Level, Speed, RPM, Heart Rate, METs, Watts, Workout Profile
DISPLAY TYPE	Dot-matrix LED with profile display
USER-DEFINED MULTI-LANGUAGE DISPLAY	English, German, French, Italian, Spanish, Dutch, Portuguese, Japanese, Swedish, Finnish, Turkish, Polish, Russian, Danish
RESISTANCE RANGE	1-25
WORKOUTS	Manual, Rolling Hills, Target HR, Interval Training, Constant Watts, Fat Burn, Fitness Test, Sprint 8
PRO:IDIOM COMPATIBLE	Optional - add-on TV
CSAFE READY-FITLINXX	Yes
IPTV COMPATIBLE	No
INSTANT ON TECHNOLOGY	Yes
ON-THE-FLY PROGRAM CHANGE	Yes
ONE-BUTTON START	Yes
FITTOUCH	No
INTEGRATED VISTA CLEAR	No
WIFI ENABLED	Optional
FITCONNEXION	Yes
BLUETOOTH ENABLED	No
IPOD	Charging only
PERSONAL FAN	Yes
MULTIMEDIA PLAYBACK	No
USB PORT	Yes
PERSONAL TRAINER PORTAL COMPATIBLE	No
VIRTUAL ACTIVE	No
ASSET MANAGEMENT COMPATIBLE	Yes
WORKOUT TRACKING NETWORK COMPATIBLE	Yes
WEB CONNECTIVITY	No
FACILITY COMMUNICATION PORTAL/CALENDAR	No
RFID COMPATIBLE	Yes
PAUSE FUNCTION	Yes
READING RACK	No
SECONDARY DATA DISPLAY	No

FEATURES	
PEDAL SPACING	6.4 cm / 2.5"
STRIDE LENGTH	53.3 cm / 21"
CONTACT & TELEMETRIC HR	Yes
HANDLEBAR DESIGN	Multi-position dual action / custom ergo-bend stationary
REMOTE BUTTONS	Yes
FOOTPAD INSERT	Yes

RESISTANCE SYSTEM	
RESISTANCE SYSTEM	Brushless generator

TECH SPECS	
MINIMUM WATTS	21 powered & self-powered
MAX USER WEIGHT	182 kg / 400 lbs.
MINIMUM RPM	25 powered & self-powered
ASSEMBLED DIMENSIONS	175 x 74 x 175cm / 68.8" x 29.1" x 68.7"
POWER REQUIREMENTS	Self-powered / powered 100v-240v - 50/60Hz AC
ASSEMBLED WEIGHT	181.0 kg / 398 lbs.
SHIPPING WEIGHT	193.6 kg / 425 lbs.