



## R1x Recumbent Cycle

- Intuitive one-hand adjustment fine-tunes seat position
- USB port offers charging for most smartphones and tablets.
- Self-powered system provides cost-savings and freedom of placement within the facility
- Low-watt starting resistance is ideal for beginning, rehab or deconditioned users
- Step-thru entry for easy access
- Ergo Form seat and back pad enhance comfort and support
- WiFi connectivity accommodates optional Matrix Asset Management system and Workout Tracking Network
- Compatible with xID single-point user sign-in for a seamless personal experience
- Intuitive LED console display

CONSOLE	
RFID COMPATIBLE	No
FACILITY COMMUNICATION PORTAL/CALENDAR	No
DISPLAY TYPE	Alphanumeric LED
PAUSE FUNCTION	Yes
READING RACK	Yes
IPTV COMPATIBLE	No
WORKOUT TRACKING NETWORK COMPATIBLE	Yes
WEB CONNECTIVITY	No
VIRTUAL ACTIVE	No
ASSET MANAGEMENT COMPATIBLE	Yes
USB PORT	Yes
WIFI ENABLED	Optional
ON-THE-FLY PROGRAM CHANGE	Yes
IPOD	Charging only
PERSONAL TRAINER PORTAL COMPATIBLE	No
INTEGRATED VISTA CLEAR TELEVISION TECHNOLOGY	No
PERSONAL FAN	No
MULTIMEDIA PLAYBACK	No
BLUETOOTH ENABLED	No
PRO:IDIOM COMPATIBLE	Optional - add-on TV
ONE-BUTTON START	Yes
CSAFE READY-FITLINXX	Yes
WORKOUTS	Manual, Interval Training, Target HR, Constant Watts, Fat Burn, Fitness Test
RESISTANCE RANGE	1-30
USER-DEFINED MULTI-LANGUAGE DISPLAY	Accessible only through Manager Menu: English, German, French, Italian, Spanish, Dutch, Portuguese, Japanese, Swedish, Finnish, Turkish, Polish
SECONDARY DATA DISPLAY	No
DISPLAY FEEDBACK	Time, Distance (Kilometers or Miles), Calories, Calories per Hour, Level, Speed, RPM, Heart Rate, METS, Watts
FITCONNEXION READY	Yes
FITTOUCH	No
INSTANT ON TECHNOLOGY	Yes

FEATURES	
CONTACT & TELEMETRIC HR	Yes
HANDLEBAR DESIGN	Seat side / Front ergo bend
INTEGRATED ARM RESTS	No
REMOTE BUTTONS	Yes
BOTTLE HOLDER	Yes

RESISTANCE SYSTEM	
RESISTANCE SYSTEM	Brushless generator

TECH SPECS	
MAX USER WEIGHT	182 kg / 400 lbs.
ASSEMBLED WEIGHT	82 kg / 181 lbs.
SHIPPING WEIGHT	92.6 kg / 204 lbs.
ASSEMBLED DIMENSIONS	154 x 68 x 146 cm / 60.7" x 26.7" x 57.4"
CRANK DESIGN	Single piece
POWER REQUIREMENTS	Self-powered / powered 100v-240v - 50/60Hz AC
MINIMUM WATTS	12 powered & self-powered
MINIMUM RPM	25 powered & self-powered