

S-Force Performance Trainer

The S-Force Performance Trainer combines a specifically designed motion and a magnetic resistance system to take high-intensity interval training to the next level. As members move through a user-defined path that fits their individual stride, resistance automatically increases the harder they work. This means even HIIT enthusiasts are pushed to their limit.



CONSOLE	
PROGRAMS	Sprint 8, Goals, Interval, Challenge
TELEMETRIC RECEIVER	Yes
DISPLAY SCREEN	Extra-large Backlit LCD Display
DISPLAY READOUT	Time, Distance, SPM (steps per minute), Steps, Heart Rate, Calories (with heart rate strap)

FEATURES	
STRIDE LENGTH	91.4 cm / 36"
PEDALS	Self leveling with quick release strap
TRANSPORT	3 wheel transport
HANDLEBAR DESIGN	Multi-position handlebar
RESISTANCE LEVELS	5

TECH SPECS	
POWER REQUIREMENTS	3 D-cell Batteries
OVERALL DIMENSIONS (L X W X H)	182 x 69 x 166 cm / 72" x 27" x 66"
MAX USER WEIGHT	181.4 kg / 400 lbs.
PRODUCT WEIGHT	132 kg / 290 lbs.
SHIPPING WEIGHT	155 kg / 340 lbs.
RESISTANCE TECHNOLOGY	Magnetic Resistance