

Ultra Converging Shoulder Press

G7-S23

The powerful and comfortable Ultra Series gives you the most advanced functionality with an intuitive design that couldn't be easier to operate. Both durable and beautiful, the Ultra Series will exceed your expectations when it comes to earning and retaining members.

Also available in [Ultra Base Trim option G7-S23B](#).



| ADJUSTMENTS | |
|---|----------------------|
| COLOR CODED PIVOTS & POINTS OF ADJUSTMENT | Yes |
| USER ADJUSTMENT RANGE | 7 position seat |
| MACHINE ASSISTED USER ADJUSTMENTS | Spring assisted seat |

| FRAME & CABLES | |
|----------------------------|---|
| INTEGRATED LEVELING SYSTEM | Yes, top-down leveler |
| AVAILABLE FRAME COLORS | Iced Silver, Matte Black, Gloss Black, Lace White, Polarized Titanium |
| FRAME FINISH | Proprietary two-coat powder process |
| CABLE TRANSMISSION | Internally lubricated cables & fittings |
| MACHINE ANCHORING | Independent machine hold down brackets |

| TECH SPECS | |
|---|---|
| REP COUNTER POWER SUPPLY | 2 AA batteries |
| REP COUNTER MACHINE USAGE TRACKING | Service mode tracks total machine reps and hours of use |
| REP COUNTER BATTERY LIFE | Approximately 3 years |
| OVERALL "STATIC" DIMENSIONS (L X W X H) | 168 x 146.5 x 135 cm / 66.1" x 57.6" x 53" |
| OVERALL "IN-USE" DIMENSIONS (L X W X H) | 168 x 146.5 x 174 cm / 66.1" x 57.6" x 68.4" |
| PRODUCT WEIGHT | 359 kg / 792 lbs |

| USER AMENITIES | |
|-----------------------|---|
| ACTION SPECIFIC GRIPS | Exercise specific grips improving feel, function and form during use |
| CONTOURED SEAT | Yes |
| PERSONAL STORAGE | Two tactile storage mats, personal device cradle and towel hook |
| FRONT PLACARDS | Muscle call outs, exercise specific stretching, start & finish exercise illustrations, proper machine adjustments, color-coded machine identification |
| REP COUNTER | Electronic counter displays reps, exercise time and rest time |
| PLACARD COLOR CODING | Yellow (upper body) |
| REAR PLACARDS | Color-coded machine identification, exercise specific stretching |

| WEIGHT STACK | |
|-----------------------------|------------------------------------|
| WEIGHT PLATE INCREMENTS | 4.5 kg / 10 lbs |
| TOTAL STACK WEIGHT | 90 kg / 200 lbs |
| MAX TRAINING WEIGHT | 93.4 kg / 207.5 lbs |
| INCREMENTAL WEIGHT SYSTEM | 1.1, 2.3, 3.4 kg / 2.5, 5, 7.5 lbs |
| CONSISTENT 53" STACK HEIGHT | Yes |
| WEIGHT STACK GUARDING | Full front and rear shields |